

# News and Views

## Special Interest Articles:

- Looking for IAAP Information?

## Individual Highlights:

2  
3  
4  
5  
6

*Municipal Employees Chapter, Lawrenceville, Georgia*

## President's Corner

Fall is here! As we approach this new season, it's the time of year to begin getting ready for winter. It's time to attend fall festivals and fairs. To get out and enjoy the fall leaves as they turn so many different hues of gold, rust, brown, and orange.

Municipal Employees Chapter helped with the judging, take-in, and pick-up of the youth and adult individual exhibits at the Gwinnett County Fair. I want to thank all the members that participated in this three-day event. The Fair is one of our

biggest fund raisers and always a lot of fun. It is a time to visit, renew friendships, and enjoy the atmosphere of a County Fair.

We continue our fund-raising with RADA Cutlery sales. This is an on-line fund raiser that can be accessed 24-7 at the convenience of your computer. Be sure and tell your friends and neighbors – Christmas is on the way, and the cutlery and other items make wonderful Christmas gifts.

We continue making plans for

our 2008 Annual Meeting with committees getting organized and starting to execute plans for *IAAP Your Road to Professionalism*. Also, we continue to work on plans for our Impact meeting in November.

So, as you see the leaves changing, the crisp morning air, and the cooler days – Start making plans to get out and enjoy this fall season and activities that are so traditional for this time of year.

*Phyllis Lowe CPS/CAP  
President, Municipal Employees*

## Looking for IAAP Information?

Have you ever printed an e-mail or important IAAP information and placed it in a stack of "to file" papers, then when you needed the information you couldn't find it? If you're like me, this has happened to you several times. So what do you do? Do you spend your time looking for the document or call someone who you know is more organized than you?

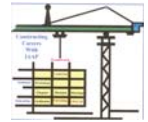
Let me tell you about a great resource right at your finger tips. Just go to:  
[www.iaap-georgia.com](http://www.iaap-georgia.com)

That's right, the Georgia Division website. The new site is up and full of great

information, and it is much more user friendly than the previous site. If you need a copy of the Division Roster, History, Bylaws, Annual Meeting Minutes, Strategic Plan, Quarterly Report Form, etc., just go to the "Members Only Page" on the website. Or if you want to see another Chapter's meeting notice or newsletter you can find it on the website as well, provided they submitted it for posting. Looking for information on an upcoming Division event or the location of a chapter meeting? Go to the website. There is a wealth of information on the site; all you have to do is take the time to look at it.

Zig Ziglar says "We deplete nature's natural resources by using them up. We deplete man's natural resources by failing to use them." The website is definitely a resource for you. So check it out. What have you got to lose? And the next time someone calls you for information, you can be the organized person to locate it!

*Donna Mitchell CPS/CAP  
Georgia Division Vice President*






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“..we will be able to move forward with this project.”

## 2008 Annual Meeting Update

Details are still being worked out but most everything seems to be falling into place for the 2008 Annual Meeting.

We have changed speakers from the original. Harriett Laurence from Georgia Public Safety Training Center will be our speaker. Jan, Nancy, and I have heard Harriett speak and I am confident she will do a wonderful presentation for us.

I am awaiting the contract from JB Jams who will provide our entertainment for Open House. I know you will all have a great time with them!

The letter for sponsors has been approved and sent to Debbie to begin the sponsorship process. I am praying we get lots and lots of sponsors!!

I want to thank everyone for their continued support

as we all *Travel the Road to Professionalism.*

*Jody Jones, Annual Meeting Coordinator*

## Tips and Tricks

**G.ho.st** is a virtual desktop service that takes the idea of “working remotely” to its fullest extent. Image – from any PC anywhere, no matter what operating system, you can work with files you have stored on an online space through applications hosted

online. This is a free service.

<http://g.ho.st/home/>

### **Six Rules for Effective ‘Net-working**

1. Choose your venues wisely.
2. Learn the rules.
3. Come up with a sig line.
4. Proofread your

posts.

5. Play nice.
6. Don’t steal the stage.
7. Be a resource

<http://msn.careerbuilder.com/custom/msn/careeradvice/viewarticle.aspx?articleid=1158&cbRecursionCnt=1&cbsid=ff4e95505c7e400d808a43881c61e2e5-245146446-RP-4>



## 2007-2008 Committees and Committee Chairs

**Awards** – Margaret Goss  
**By-Laws and Standing Rules** – Jan Brumbelow CPS/CAP  
**Community Service** – Faye Williams  
**Education** – Jan Brumbelow CPS/CAP  
**Hospitality** – Lorraine Powell CPS/CAP

**Membership** – Donna Mitchell CPS/CAP  
**Newsletter** – Rena Blackstock CPS/CAP  
**Programs** – Doris Davis CPS/CAP  
**RTF** – Jody Jones  
**Scrapbook** – Jody Jones  
**Ways and Means** – Debbie Boyd

If you would like to help out on any of these committees, please contact the Committee Chair. They would love to discuss their committee with you and ways you can help.

## Goals

A lot of what I have read lately mentions Goals and the importance of setting short and long term goals. I have never been a firm believer in setting goals – too many of “life happens” moments that upset the best laid plans. However, I have recently begun setting goals, not only professionally but personally as well.

Why the change you ask? Well, one main reason is to help reduce or at least manage the stress in my life. The other is to help me achieve what I want not only personally but professionally as well. By

writing them down, I am at least committing that it is something I want to do or that needs to be done. In some cases it might be something that your boss strongly encourages you to do or pursue.

While I am not obsessive about completing lists, I do try to at least work on lists when I create them. Hopefully this will work with the goals I have set for myself.

How about you? Do you set goals for yourself? Are they realistic goals that can be accomplished or “pie in the sky” dreams?

There is nothing wrong with dreaming and working toward that dream but your goals need to be realistic in order for you to achieve that dream. Otherwise you are setting yourself up for failure or disappointment.

This time of year is a good time to reflect on what we have accomplished and what we would like to accomplish. Where are you at in your life? Are you happy there? Are you close to retirement? Do you want to retire from one place and go to work somewhere else? Do you want to retire and tour the

*Continued on Page 6*



Reach for the Stars –  
You Never Know What You  
Will Find

## Reflections

Reflections – Those times you take to recharge your batteries, put things in perspective, and really appreciate what you have. How often do you take time to do this? As you get older to you find yourself making more time for Reflections than you did when you were younger? I know I do.

When on your way to work or on your way home from work – do you take the time to appreciate the sunrise or sunset – or complain because you are up that early or the sun is in your eyes? Do you take the time to appreciate the clouds – the different shapes, the way the sunlight filters through the clouds? Do you

remember lying on the ground and watching the clouds as a child? Why don't you do that anymore? Or just sit and watch the clouds and pick out the different shapes?

I challenge each of you to take the time to enjoy a sunrise, sunset, and watch the clouds – see how

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*Enjoy the sunrise*

## Parmesan Baked Fish

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*Recipe  
Corner*

*Member  
Recipes*

1/3 c light mayonnaise dressing or salad dressing  
 ½ t white wine  
 Worcestershire sauce  
 4 4-oz. fresh or frozen fish fillets such as cod, salmon, or orange roughy  
 2 T grated Parmesan cheese  
 Nonstick spray coating  
 2 T snipped fresh chives or sliced green onion

Thaw fish, if frozen. Rinse fish and pat dry with paper towels. Spray an 8x8x2-inch baking dish with nonstick spray coating; set aside.

In a small bowl stir together mayonnaise dressing, Parmesan cheese, chives or green onion, and Worcestershire

sauce. Spread Parmesan mixture over fish fillets.

Bake, uncovered, in a 450 degree F oven for 12 to 15 minutes or until fish flakes easily when tested with a fork. Makes 4 servings.

*Better Homes and  
Gardens*

## Upcoming Chapter Programs

Upcoming Chapter Programs – We hope you are able to join us for these exciting and educational programs.

October 18 – Jeremy Davis (Doris’ son) will speak to us on Designing and Maintaining a Website.

exciting meeting is still under development. Be on the lookout for more information.

November 15 – Impact Meeting. This

Light refreshments will be served, at no cost, to attendees.

## Chapter Committees – Community Service

This month’s highlight is on our Community Service Committee.

What exactly does the Community Service Committee do? It finds community service projects that the members can participate or contribute to. So far

we have furnished school supplies, recycled aluminum cans, paper, etc. We are also planning on participating in the annual coat drive for children.

The Committee is also accepting donations of samples (soaps, shampoos,

etc., to place in bags or baskets for the seniors.

This year’s Committee Chair is Faye Williams. Please e-mail or call Faye with any questions, comments, suggestions.

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*Community Service  
Committee?  
What can I do?*

## Training Opportunities

Minute Taking Made Easy  
9 a.m. – 4 p.m.  
Atlanta, October 18  
<http://www.mcmurry.com/newsletters/top/workshop.asp?IAAP-M07>  
Cost - \$312.55 for IAAP Members

Road Map to Excellence – 2007  
Local Area Networking –  
Saturday, October 27, 2007. Jacksonville, Florida. 9 a.m. – 12 p.m.  
904-858-7473

Cost – FREE  
“R U Ready for the Office of the Future”  
Workshop – 9 a.m. – 4 p.m. Includes Lunch. November 9  
[Pam.bridges@millikin.com](mailto:Pam.bridges@millikin.com)

Cost - \$60 until 10/12  
LaGrange Chapter IAAP

Workshops for Women –  
Overcoming the Superwoman Syndrome – October 18 - 9 a.m. – 1 p.m.

Cost - \$100.  
Developing Positive Self Esteem –  
November 15 – 9 a.m. – 1 p.m.  
To register –  
[www.gybickscpa.com/registration](http://www.gybickscpa.com/registration) or phone  
[770-423-7113](tel:770-423-7113)

Mansour Center  
995 Roswell Rd NE  
Marietta GA 30060  
770-701-0315



Exercise your mind – Learn something new

## Chapter Fundraiser

Our RADA Chapter Fundraiser is still going on. Here is the information, just in case you misplaced it. Please remember to share with your friends and family.

Just go to  
[Helpourfundraiser.com](http://Helpourfundraiser.com)

Enter Account  
#500333

Enter Password

IAAP439136

To Shop –

Click on Shopping Catalog

Click on the category you are interested in viewing.

Click on the product image or item name to see more detailed information about that item.

Select checkout when you are done shopping and enter requested information.

You will receive your order in approximately 15 working days or less.

If you have any questions, please contact Phyllis Lowe CPS/CAP at 770-262-1389.

[Helpourfundraiser.com](http://Helpourfundraiser.com)

Account #500333

Password –  
IAAP439136

## Municipal Employees Chapter

Gwinnett Fire Admin Building  
408 Hurricane Shoals Rd NE  
Lawrenceville GA 30045

PHONE:  
(678) 518-4803

FAX:  
(678) 518-4831

E-MAIL:  
[Rena.blackstock@gwinnettcountry.com](mailto:Rena.blackstock@gwinnettcountry.com)

### **Newspaper Deadlines:**

September Issue – August 31  
October Issue – September 30  
November Issue – October 31  
December Issue – November 30  
January Issue – December 31  
February Issue – January 31  
March Issue – February 28  
April Issue – March 31  
May Issue – April 30  
June Issue – May 31

Georgia Division is on the Web!

See us at:  
[www.iaap-georgia.org](http://www.iaap-georgia.org)

## Member's Corner



### Happy Birthday to

Faye Williams – October 12



Congratulations to Donna Mitchell CPS/CAP on the birth of her granddaughter – Alorra Grace Puckett was born weighing 6-pounds, 14-ounces and 19 1/2-inches long.



Congratulations to Sue Meeks on her recent promotion to Resource and Marketing Specialist.

### *Reflections Continued*

many shapes you can pick out or notice the way the light shines through the clouds.

If you are like me, you will be amazed and awed by the simple beauty of these natural events. Looking at

these helps me relax and realize that what is bothering me isn't that important in the overall scheme of things – it helps me put it in perspective and quit stressing quite so much.

So get a cup of coffee or tea and enjoy that sunrise, sunset or those clouds!



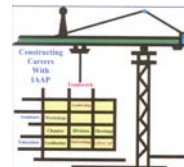
### *Goals Continued*

country or just spend time with your friends and family?

No matter the goal or dream it is achievable – if you really want it and are

willing to work towards it. No one is going to hand it to you on a silver platter – if they do you better look for all the strings and requirements that go with it.

Be daring – go out on that limb and set goals for yourself – personal and professional. Who knows what you can achieve you when set your heart and mind to it.



**MUNICIPAL EMPLOYEES  
CHAPTER - IAAP  
Lawrenceville GA**